

| JAI HIND SINDHU EDUCATION TRUST'S | | |
|---|--|----------------------|
| MANGHANMAL UDHARAM COLLEGE OF COMMERCE | | |
| 5.1.2 | | |
| Date | Name of the Activity | Beneficiaries |
| | Life Skills | |
| | | |
| 2021-2022 | Certificate Course in Yoga, Diet & Nutrition and Stress Management | 21 |
| 2021-2022 | Guest Lecture on Positive Thinking | 62 |
| 2021-2022 | Certificate Course in Powerful Presence For Success | 33 |
| 2021-2022 | Short Term Course in Happiness Quotient- Career & Wellness | 91 |
| 2020-2021 | Guest Lecture On Anger Management | 37 |
| 2020-2021 | Short Term Course in Happiness Quotient- Career & Wellness | 40 |
| 2020-2021 | Online Guest Lecture on Counselling | 42 |
| 2019-2020 | Certificate Course in Fitness, Wellness and Stress Management | 38 |
| 2017-2018 | Short Term Course on Scientific Temperament | 33 |

**Jai Hind Sindhu Education Trust's
Manghanmal Udharam College of Commerce**

Report

An online guest lecture on Anger Management was held on 18th January, 2021 at 10.30 am.

Dr. Ms. Himani Chapekar, consultant Psychologist conducted the session for B.Com students. 37 students attended the session.



Dr. Geetha Sivaraman

Coordinator




Principal
M. U. College of Commerce
Pimpri, PUNE - 411 017.

GUEST LECTURE BY MS. HIMANI CHAPHEKAR

ONLINE GUEST LECTURE 18.1.2021

<https://meet.google.com/hmb-hfyy-iir>

| | | |
|----|---------------------|--------------------------------|
| 1 | Pooja pawar | Rahul Jagwani |
| | Thank you sir | 19 451 Rahul jagwani |
| 2 | Bhoomika | Shaileja P |
| | 512 B | 20 1004 TY C |
| 3 | Sahil Lunawat | Tina Khatri |
| | 151 | 21 124 B |
| 4 | Bhagyashree Nimbhal | Manisha Raut |
| | 557 B | 22 Manisha Raut 243 |
| 5 | Bhagyashree Khapre | 23 Arzoo Saifee |
| | 427 A | Arzoo Saifee - 255 FyBcom - C |
| 6 | Sakshi Dhamnikar | 24 karuna kumbhar |
| | 1407 D | 619 C sybcom |
| 7 | Khushbu Sachdev | 25 Renuka Wani |
| | 637 (C) | Renuka Wani 344 fybcom C . |
| 8 | Sharon Naidu | 26 Chetna Vasrani |
| | 190 Fy bcom B | 1486 D division sybcom |
| 9 | karishma gandhi | 27 Nikita Shinde |
| | 568 B | 1297 (D) |
| 10 | harsh suryavanshi | Vaishnavi Upalage |
| | 1307 D | 28 335 vaishnavi upalage fiv:C |
| 11 | Husnar shaikh | 29 Madan J Sutar 1301 D |
| | 275 C | 30 Bhagyashree Nimbhal |
| 12 | Mercy Verghese | 557 B |
| | 571 B | 31 PRIYANKA GAWALI |
| 13 | Payal Talreja | 545 B |
| | 311 Fy C | 32 Bhoomika |
| 14 | karuna kumbhar | 512 |
| | 619 C | 33 Sanjay Nimbalkar |
| 15 | Pramod Moolya | 34 Prajakta Nimbalkar 201 B |
| | 173 B | Pooja pawar |
| 16 | Sahil Lunawat | 35 Pooja Pawar 222 Fybcom |
| | 151 b | 36 Tejal Bagmar |
| 17 | Madan Sutar | 690 C |
| | Gopal Kulkarni | 37 Swati nair |
| 18 | Anjali Kanbur 593 B | 192 b division |



V Rao
Principal
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