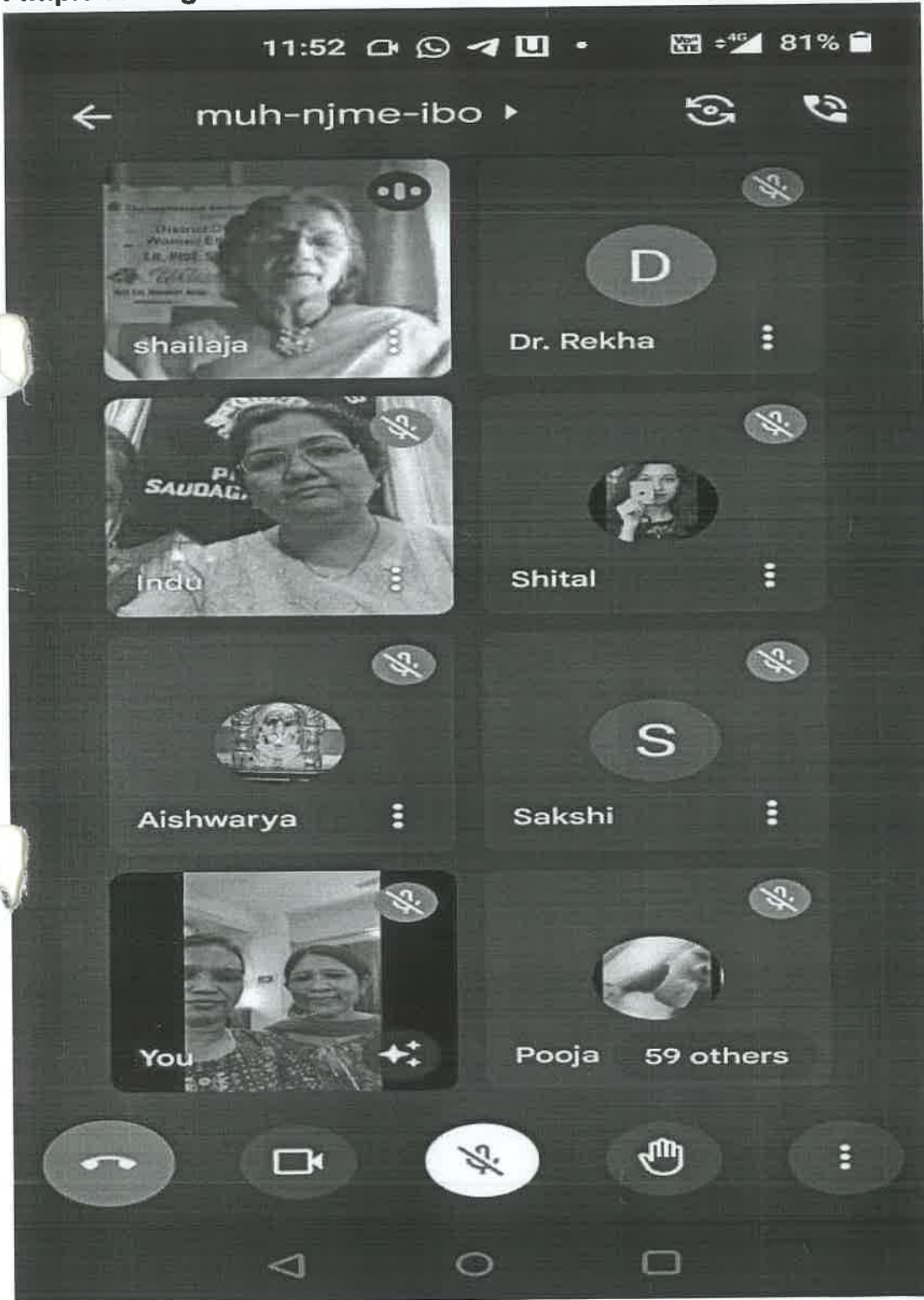


JAI HIND SINDHU EDUCATION TRUST'S		
MANGHANMAL UDHARAM COLLEGE OF COMMERCE		
5.1.2		
Date	Name of the Activity	Beneficiaries
	Life Skills	
2021-2022	Certificate Course in Yoga, Diet & Nutrition and Stress Management	21
2021-2022	Guest Lecture on Positive Thinking	62
2021-2022	Certificate Course in Powerful Presence For Success	33
2021-2022	Short Term Course in Happiness Quotient- Career & Wellness	91
2020-2021	Guest Lecture On Anger Management	37
2020-2021	Short Term Course in Happiness Quotient- Career & Wellness	40
2020-2021	Online Guest Lecture on Counselling	42
2019-2020	Certificate Course in Fitness, Wellness and Stress Management	38
2017-2018	Short Term Course on Scientific Temperament	33

**MU COLLEGE OF COMMERCE
PIMPRI PUNE ,17.**

A guest lecture was conducted on 08/02/2022 on Positive Thinking by Dr. Shailaja Sangle. 62 students attended the session. The activity was organised in association Lions Club, Pimple Saudagar.



Rekha
Dr. Rekha Chetwani



RMD
Principal
M. U. College of Commerce
Pimpri, PUNE - 411 017.